



## Intimate Care Policy

At Kids Club Ely Ltd & St Johns Preschool we aim to meet the individual needs of all our children and promote their welfare and emotional well-being. We recognise and assist children with intimate care where needed, and ensure that the children are treated with courtesy, dignity, and respect at all times. Staff working with children will always be sensitive to each individual child's needs.

Intimate care covers any task that involves the washing, touching, or carrying out a procedure to intimate personal areas and is associated with bodily functions and personal hygiene, including toileting, washing and dressing.

- Staff will treat each child with dignity and ensure privacy appropriate to the child's age and situation.
- One staff member will carry out intimate care, such as toileting unless the task requires two.
- Plastic gloves will be worn and soiled clothing /items will be wrapped and either disposed of or handed back to the parent/carer.
- All efforts will be made to provide a private space for the child to be changed in.
- Staff and child's hands will be washed using soap and water and all surfaces/changing mat will be disinfected to prevent cross contamination.
- Involve the child as far as possible in their own intimate care.
- Staff will be sensitive and responsive to the child's reactions. Always aiming to promote their self-image and check with them what is happening to them is acceptable to them.
- Staff will be gentle when changing; avoid pulling faces and making negative comments about 'nappy contents'.
- Any child's concerns will be reported and shared with the team immediately.
- Staff to ensure that children are confident that their body belongs to them and that saying "NO" at any time will always be respected.
- We ask the parents of children who are still in nappies to send them to preschool with their own nappies or pull ups and wipes. We also ask all preschool parents to supply a change of clothes in case needed.
- Only staff who have been DBS checked will be allowed to provide intimate care. Students and parents are NOT permitted to do this.

We will ensure that all our staff are aware of our child protection policy and hygiene policy and procedures.

We will encourage staff to take part in any appropriate training and we will endeavour to provide supervision and induction of all staff.

This policy was adopted at a meeting of Kids Club Ely Ltd & St John's Preschool on 26 <sup>th</sup> January 2022 (Review January 2023)	
Signed _____ Dated _____	

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